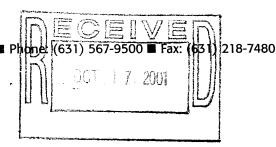


90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone (631) 567-9500 ■ Fax:



Office of Nutritional Products/Labeling & Dietary Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C Street, SW (HFS-810) Washington, D.C. 20204

October 3, 2001

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Women's HealthTM Soy Menopause Formula with MaxiSoyTM supplement under the Spring Valley label:

- For Hot Flash and Night Sweat Relief
- Women's Health™ is a menopausal supplement that uses MaxiSoy,™ a proprietary soy extract, to help relieve the midlife changes for peri-menopausal, menopausal, and post-menopausal women.
- Recommended by leading women's health experts everywhere, Soy is a rich source of plant-based protein and contains the naturally occurring isoflavones, Genistin and Daidzin.
- Soy helps alleviate the hot flashes and night sweats that are so common during midlife years.
- Spring Valley's advanced MaxiSoyTM extract contains a standardized dosage of Soy, containing at least 15% saponins, making it a superior value that guarantees the best in menopausal support.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Ona Scándurra, MS, RD

Director of Nutrition Communications

OS/lt

978 0162 LET 8677

78197